

Volunteer Opportunities for State Employees



Habitat for Humanity – Hanover CVC#3476
Office Address: 8177 Mechanicsville Turnpike
Mechanicsville 23111

Contact person: Garrett Augustine, Construction Supervisor 804-398-9029

Hanover Habitat for Humanity is new to CVC for 2010. Volunteers needed for hands-on help in building a new house. No experience necessary. All participants sign a release form (found at www.hanoverhfh.org) Wear clothes that can get dirty, paint drips, and will hold up to sawdust. Sunscreen and a water bottle is recommended.

Contact the following chapters of Habitat for Humanity (CVC members) for an opportunity near you.

[Habitat for Humanity - Central Valley](#)

[Habitat for Humanity - Fluvanna County](#)

[Habitat for Humanity - Gloucester-Mathews](#)

[Habitat for Humanity - Goochland](#)

[Habitat for Humanity - Greater Charlottesville](#)

[Habitat for Humanity - Greater Fredericksburg](#)

[Habitat for Humanity - International](#)

[Habitat for Humanity - Montgomery County, Inc.](#)

[Habitat for Humanity - Northern Virginia, Inc.](#)

[Habitat for Humanity - Peninsula](#)

[Habitat for Humanity - Prince William & Manassas](#)

[Habitat for Humanity - South Hampton Roads](#)



Central Virginia Food Bank – CVC
1415 Rhoadmiller Street
Richmond, VA 23220
804-521-2500

Warehouse Assistants

When: Monday-Friday, 9 a.m.-4 p.m.

Where: At the CVFB Warehouse

Job Description: Warehouse assistants sort, pack, discard, and organize products in the warehouse.

For more information on these volunteer opportunities and how you, your friends or office mates can help, please call Sudeshna Das-Menezes at the Volunteer Office at (804) 521-3277 or e-mail her for more information at SDMenezes@cvfb.org.



Humane Societies throughout Virginia

Volunteer opportunities vary by locality but can include grooming dogs, fostering an animal, helping with paperwork, walking dogs, and much more. Contact your local humane society or SPCA for information about volunteer opportunities. Some shelters require volunteer training. Contact information is available at www.cvc.vipnet.org/donors and Search for a charity.

[Humane Society - Bristol](#)

[Humane Society - Chesapeake](#)

[Humane Society - Fairfax County](#)

[Humane Society - Floyd County](#)

[Humane Society - Gloucester-Mathews](#)

[Humane Society - Halifax County](#)

[Humane Society - Hanover](#)

[Humane Society - Henrico](#)

[Humane Society - Heritage Humane \(Williamsburg\)](#)

[Humane Society - Hopewell](#)

[Humane Society - Montgomery County](#)

[Humane Society - Montgomery County](#)

[Humane Society - Pulaski County](#)

[Humane Society - Smyth County](#)

[Humane Society - Suffolk](#)

[SPCA - Fluvanna County](#)

[SPCA - Fredericksburg, VA, Inc.](#)

[SPCA - Martinsville-Henry County](#)

[SPCA - Norfolk](#)

[SPCA - Richmond](#)

[SPCA - Roanoke Valley](#)

[SPCA - Rockingham-Harrisonburg](#)

[SPCA - Southside](#)

[SPCA - Virginia Beach](#)



With chapters all across Virginia, there is a huge number of volunteer opportunities to match each volunteer's interest and abilities. Volunteers make up about 75% or more of the people carrying out these tasks. Whether your interest is in Health and Safety, Disaster Services, Blood Services/Blood Drives and if you want hands-on assignments or would rather perform an occasional support role in a chapter office – there is something for everyone. Go to www.cvc.vipnet.org/donors and use Search for a Charity to locate more information about your closest chapter. Chapters provide training for volunteers where required to perform a service. Chapters currently in the CVC campaign include:

- [American Red Cross - Arlington County Chapter](#)
- [American Red Cross - Central Virginia Chapter](#)
- [American Red Cross - Colonial Virginia Chapter](#)
- [American Red Cross - Greater NRV Chapter](#)
- [American Red Cross - Greater Richmond Chapter](#)
- [American Red Cross - Hampton Roads Chapter](#)
- [American Red Cross - Historic Virginia Chapter](#)
- [American Red Cross - Hopewell-Prince George](#)
- [American Red Cross - Loudon County Chapter](#)
- [American Red Cross - Montgomery-Floyd Chapter](#)
- [American Red Cross - Prince William Chapter](#)

- [American Red Cross - Rappahannock Area](#)
- [American Red Cross - Rappahannock Area](#)
- [American Red Cross - Roanoke Valley](#)
- [American Red Cross - Shenandoah County Chapter](#)
- [American Red Cross - Southeastern VA Chapter](#)
- [American Red Cross - Southside Area Chapter](#)
- [American Red Cross - Suffolk Chapter](#)
- [American Red Cross - Winchester-Frederick County](#)
- [American Red Cross - York-Poquoson Chapter](#)

The North Richmond YMCA **4207 Old Brook Road**



Contact: Sheila Thompkins
804-329-5810 Ext. 130

State employees are encouraged to visit the YMCA at the above address to read stories to the children in their day care program. Call Sheila (above) to schedule a visit by you and your coworkers on this date or another that fits your schedules.

State employees wishing to volunteer at a YMCA closer to home can try the following YMCA branches that participate in the CVC. Click on the links below or go to www.cvc.vipnet.org/donors and click on Find a Charity to get contact information.

- [YMCA - Armed Services YMCA of Hampton Roads](#)
- [YMCA - Camp Silver Beach](#)
- [YMCA - Central Virginia](#)
- [YMCA - Eastern Shore Family](#)
- [YMCA - Greater Richmond](#)
- [YMCA - Piedmont Family](#)
- [YMCA - Virginia](#)
- [YMCA - Virginia Tech](#)